



Good Afternoon Middle School Families,

The COS middle school team wanted to reach out to you with an update of how distance learning will look for your student. As we keep emphasizing, this is a fluid process and changes to how we will learn and instruct will most likely evolve. We appreciate everyone's patience and flexibility during this time. To help you understand our process, we have listed out answers to some questions that you might be asking:

How will my middle school student effectively learn through a distance learning model?

It is expected that your student is active on Google Classroom each day of the week, Monday-Friday. They will be expected to continue learning in the areas of math, ELA, social studies, science, music, physical education, and Spanish. Teachers will post assignments, lessons, and directions on Google Classroom.

Students will also have a schedule of "office hours." These "office hours" will give the students an opportunity to join a Zoom call with one of their subject area teachers and their classmates. Each content area teacher has two, 30-minute periods of time blocked off for each grade level. The schedules are included below and will be shared on your student's Google Classroom Homeroom page. While we know everyone's schedule may look a bit different during this distance learning, *it is expected that your student is routinely checking in with a few of their teachers during these "office hours" at least a couple times each week.*

How much time can I expect my child doing online work?

Your student can expect to be actively learning for 3-4 hours/day using their Chromebook. In addition, students should be reading for leisure at least 30 minutes each day and should also be physically active for at least 30 minutes each day.

How will families be communicated about the progress of my student's online learning?

Families will continue to receive daily or weekly summary updates from Google Classroom. This will be a continuation of what many of you have already been receiving. Please let Mr. Yannarely (nyannarely@communityofsaints.org) know if you have not been receiving these updates and would like to, or if your email address has changed.

Teachers will be communicating through email if students are not following distance learning expectations. Please note that if you need to communicate with any of the teachers, they will be available through their COS emails.

Here are some tips to help your student in a distance learning setting:

- Have consistent routines
 - Get up at the normal time and get dressed
 - Eat breakfast & lunch
 - Take brain breaks
 - Drink water
 - Go to bed on time
- Have a specific workspace
 - Quiet (or with classical/piano music)
 - Away from distractions
 - Comfortable
 - Phone free!
- Ask your child questions about what they are learning
- Help your child take care of their device
 - Charge each night
 - Only use for educational purposes (COS has access to all search history/communication)
- Expect to be attached to emails between students and teachers

We appreciate all of your support during this very unique time! It is a new system for all of us. Please reach out if there is anything we can help you with in the meantime.

Take Care,

COS Middle School Team

6th Grade "Office Hours" Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:30					
9:30 - 10:00					
10:00 - 10:30	Homeroom	Math			Social Studies
10:30 - 11:00	PE/Health		Spanish		
11:00 - 11:30	Spanish		ELA	Music	Science
11:30 - 12:00				Music	
12:00 - 12:30					
12:30 - 1:00					
1:00 - 1:30		Social Studies			
1:30 - 2:00					
2:00 - 2:30	Science	ELA	Homeroom	Math	
2:30 - 3:00			PE/Health		

7th Grade "Office Hours" Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:30					
9:30 - 10:00					
10:00 - 10:30	Homeroom	ELA	Social Studies	Math	Science
10:30 - 11:00	PE/Health				
11:00 - 11:30				Music	
11:30 - 12:00	Spanish		Spanish	Music	
12:00 - 12:30					
12:30 - 1:00					
1:00 - 1:30	Science				
1:30 - 2:00					
2:00 - 2:30	Social Studies	Math	Homeroom	ELA	
2:30 - 3:00			PE/Health		

8th Grade "Office Hours" Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:30					
9:30 - 10:00					
10:00 - 10:30	Homeroom		ELA		
10:30 - 11:00	PE/Health				Science
11:00 - 11:30		Social Studies	Math	Music	
11:30 - 12:00				Music	
12:00 - 12:30	Spanish		Spanish		
12:30 - 1:00					
1:00 - 1:30		ELA		Social Studies	
1:30 - 2:00	Science				
2:00 - 2:30	Math		Homeroom		
2:30 - 3:00			PE/Health		